一、完形填空

Confidence has nothing to do with your figure. I learned this recently.

Every day I’d look in the mirror, hate what I see, and repeat the words 1 , “I am beautiful.” Sometimes I’d even grit my teeth (咬紧牙关) to 2 the words out. But I 3 saying them, no matter what.

It was at the request of my friend that I began this 4 . He said he wanted to be my friend because of my 5 and gentle character. Besides, he also saw me as beautiful and it 6 him that I couldn’t see the beauty in myself.

For a long time, I had 7 that my weight made me a second-rate person. Years of being fat and years of being 8 had caused me to build a cocoon (保护膜) around myself. I 9 thought that if I stayed quiet, maybe I would be safe. I put myself in layers of fear, my heart breaking a little more with each wedding invitation. I 10 hoping for my true love, believing I wasn’t good enough.

It wasn’t until I met my friend that I was determined to be happy on my own and things began to change. He pointed out my 11 personalities and excellent qualities and made me repeat them out loud. I laughed at first because it felt 12 , but I kept at it every day.

Then, one day, a(n) 13 thing happened. Staring into the mirror, I realized with a shock that I believed it! He wasn’t 14 and it was true — I’m beautiful! The layers of my cocoon suddenly disappeared. And nowadays, I learn to love myself and keep 15 no matter what my dress size is. Indeed, confidence comes from within.

1．A．hopefully B．unusually C．excitedly D．unwillingly

2．A．take B．cry C．put D．find

3．A．escaped B．regretted C．continued D．considered

4．A．hobby B．plan C．idea D．habit

5．A．wealth B．kindness C．success D．coldness

6．A．delighted B．embarrassed C．worried D．frightened

7．A．believed B．doubted C．forgotten D．remembered

8．A．looked up B．called up C．shouted at D．laughed at

9．A．similarly B．mistakenly C．suddenly D．wisely

10．A．stopped B．enjoyed C．risked D．preferred

11．A．good B．negative C．strange D．funny

12．A．helpless B．dangerous C．silly D．meaningless

13．A．interesting B．amazing C．terrifying D．challenging

14．A．lying B．listening C．dreaming D．waiting

15．A．curious B．quiet C．confident D．healthy

【答案】

1．D 2．B 3．C 4．D 5．B 6．C 7．A 8．D 9．B 10．A 11．A 12．C 13．B 14．A 15．C

【导语】本文是一篇记叙文。文章中作者由于自己的肥胖而感到自卑，恐惧，后来，在朋友的帮助下，通过不断的自我暗示，最终找到了自信。

1．考查副词词义辨析。句意：每天我看着镜子，我讨厌所看到的自己，我不情愿地重复这句话：“我很漂亮”。A. hopefully充满希望地；B. unusually通常；C. excitedly兴奋地；D. unwillingly不情愿地。根据下句“Sometimes I’d even grit my teeth (咬紧牙关) to \_\_\_2\_\_\_the words out.”可知，作者很不情愿说这句话。故选D。

2．考查动词词义辨析。句意：有时我甚至咬紧牙关哭喊出这些词。A. take拿走；B. cry哭泣；C. put放；D. find发现。根据下文“saying them”可知，此处表示“咬紧牙关哭喊出这些词”，cry out意为“哭喊出”，故选B。

3．考查动词词义辨析。句意：但无论如何，我还是坚持说。A. escaped逃跑；B. regretted后悔；C. continued继续；D. considered考虑。根据上文“hate what I see, and repeat the words\_\_\_1\_\_ , “I am beautiful.””可知，作者不情愿地重复“我很漂亮”这句话，且本句由转折连词but连接，因此continue能够体现作者的不情愿，但是还要继续说的矛盾。故选C。

4．考查名词词义辨析。句意：是在我朋友的请求下我才开始了这一习惯。A. hobby爱好；B. plan计划；C. idea主意；D. habit习惯。根据上文“Every day I’d look in the mirror, hate what I see, and repeat the words \_\_\_1\_\_\_, “I am beautiful.””可知，作者每天都这么做，已经成为了习惯。故选D。

5．考查名词词义辨析。句意：他说他想和我交朋友，因为我善良和温柔的性格。A. wealth财富；B. kindness善良；C. success成功；D. coldness冷漠。下文“He pointed out my \_\_\_11\_\_\_ personalities and excellent qualities”提到好的品行，故B选项符合语境。故选B。

6．考查动词词义辨析。句意：此外，他说他眼中的我很漂亮，我自己看不到自己的美让他很担忧。A. delighted使高兴；B. embarrassed使尴尬；C. worried使担忧；D. frightened使惊吓，使惊恐。根据下文“I couldn’t see the beauty in myself”可知，作者的朋友对于她的自卑心理应该是很担忧。故选C。

7．考查动词词义辨析。句意：长久以来，我相信我的体重让我成为了一个二等人。A. believed相信；B. doubted怀疑；C. forgot忘记；D. remembered记得。根据下文“my weight made me a second-rate person”可知，作者相信自己的体重让自己成为了一个二等人，故选A。

8．考查动词短语辨析。句意：多年的肥胖和多年的嘲笑让我在自己周围筑起了一个茧。A. looked up敬仰；B. called up召集；C. shouted at嘲……大喊；D. laughed at嘲笑。根据上文“being fat”可知，由于作者很胖，所以应该是遭到了别人的嘲笑。故选D。

9．考查副词词义辨析。句意：我错误地认为如果我保持安静，或许我会安全。A. similarly相似地；B. mistakenly错误地；C. suddenly突然；D. wisely明智地。根据下文“if I stayed quiet, maybe I would be safe”可知，作者错误地认为如果自己保持安静，或许自己会安全，故选B。

10．考查动词词义辨析。句意：我不再希望得到真爱，因为我相信我不够好。A. stopped停止；B. enjoyed喜爱；C. risked冒险；D. preferred更喜欢。根据下文“believing I wasn’t good enough”可知，作者不再希望得到真爱，因为作者相信自己不够好，stop doing意为“停止做某事”。故选A。

11．考查形容词词义辨析。句意：他指出了我的好的性格和优良的品质，并让我大声重复说出来。A. good好的；B. negative否定的；C. strange奇怪的；D. funny可笑的。根据下文“and excellent qualities”可知，此处表示“好的性格和优良的品质”。故选A。

12．考查形容词词义辨析。句意：刚开始的时候我笑个不停，因为这感觉很愚蠢。A. helpless无助的；B. dangerous危险的；C. silly愚蠢的；D. meaningless无意义的。根据上文“I laughed at first”可知，刚开始的时候作者笑个不停，因为这感觉很愚蠢。故选C。

13．考查形容词词义辨析。句意：随后，有一天，一件令人惊奇的事情发生了。A. interesting有趣的；B. amazing令人惊奇的；C. terrifying令人恐惧的；D. challenging有挑战的。根据下文“I’m beautiful”可知，作者发现自己很漂亮，所以是一件令人惊奇的事情发生了。故选B。

14．考查动词词义辨析。句意：他没有撒谎，这是真的——我是很漂亮。A. lying撒谎；B. listening听；C. dreaming做梦；D. waiting等待。根据下文“it was true”可知，他没有撒谎，这是真的。故选A。

15．考查形容词词义辨析。句意：现在，我学会了爱自己，无论我的衣服尺寸是多少，我都保持自信。A. curious好奇的；B. quiet安静的；C. confident自信的；D. healthy健康的。根据下文“Indeed, confidence comes from within”可知，句子表示“无论我的衣服尺寸是多少，我都保持自信”。故选C。

二、阅读理解

（2022秋·广西梧州·高一苍梧中学校考阶段练习）What a day! I started at my new school this morning and had the best time. I made lots of new friends and really liked my teachers. I was nervous the night before, but I had no reason to be. Everyone was so friendly and polite. They made me feel at ease. It was like I’d been at the school for a hundred years!

The day started very early at 7:00 am. I had my breakfast downstairs with my mom. She could tell that I was very nervous. Mom kept asking me what was wrong. She told me I had nothing to worry about and that everyone was going to love me. If they didn’t love me, Mom said to send them her way for a good talking to. I couldn’t stop laughing.

My mom dropped me off at the school gates about five minutes before the bell. A little blonde (金发的) girl got dropped off at the same time and started waving (招手) at me. She ran over and told me her name was Abigail. She was very nice and we became close straight away. We spent all morning together and began to talk to another girl called Stacey. The three of us sat together in class all day and we even made our way home together! It went so quickly. Our teacher told us that tomorrow we would really start learning and developing new skills.

I cannot wait until tomorrow and feel as though I am really going to enjoy my time at my new school. I only hope that my new friends feel the same way too.

20．How did the author feel the night before her new school?

A．Relaxed. B．Excited. C．Tired D．Worried.

21．What did the author think of her mother’s advice?

A．Funny. B．Clear. C．Bad. D．Great.

22．What happened on the author’s first day of school?

A．She met many nice people. B．She had a hurried breakfast.

C．She learned some new skills. D．She arrived at school very early.

23．What can we infer about Abigail?

A．She disliked Stacey. B．She was shy and quiet.

C．She got on well with the author. D．She was an old friend of the author.

【答案】20．D 21．A 22．A 23．C

【导语】本文是一篇记叙文。介绍作者开学第一天的情况。

20．细节理解题。根据首段第四句“I was nervous the night before, but I had no reason to be. (前一天晚上我很紧张，但我没有理由这么紧张。)”可知，作者在去新学校的前一天很紧张担心。故选D。

21．推理判断题。根据第二段最后两句“If they didn’t love me, Mom said to send them her way for a good talking to. I couldn’t stop laughing. (妈妈说，如果他们不爱我，就把他们打发走，好好谈谈。我笑个不停。)”可知，对于妈妈的建议，我认为很有意思。故选A。

22．细节理解题。根据首段第一二句“I started at my new school this morning and had the best time. I made lots of new friends and really liked my teachers. (今天早上我去了我的新学校，度过了最美好的时光。我交了很多新朋友，也很喜欢我的老师。)”可知，作者第一天上学，遇到了很多很好的人。故选A。

23．推理判断题。根据根据第三段第三四五句“She ran over and told me her name was Abigail. She was very nice and we became close straight away. We spent all morning together and began to talk to another girl called Stacey. (她跑过来告诉我她叫阿比盖尔。她人很好，我们很快就走得很近。我们整个上午都在一起，然后开始和另一个叫斯泰西的女孩聊天。)”可知，阿比盖尔和作者相处的很好。故选C。